



March 2018

200 West Apartments



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Footprints	2 Sit N Fit	3
4	5 Coffee Footprints	6 W	7 Cards W	8 Footprints St. Patrick's Day	9 Sit N Fit	10
11 Clock	12 Info Footprints Coffee	13 W	14 B Cards W	15 Footprints	16 St. Patrick's Day	17 St. Patrick's Day
18	19 Coffee Footprints	20 Window Washers W	21 GEORGIO'S Cards W	22 Footprints	23 Sit N Fit	24
25 Palm Sunday	26 Footprints Coffee	27 W	28 L Cards W	29 Footprints	30 Cross	31 Happy Passover



St. Patty's forms due to office



St. Patty's Day Food Pickup 4-5pm



Window Washers 9 am



Potluck Lunch Noon



No Cook Night In Lobby 5-6 pm



Turn clocks ahead 1 hour



First Day of Spring



Good Friday Office Closes 1 pm



Palm Sunday



Passover Begins



6 pm Pinochle



10 am Information Meeting



1:00pm Walking Exercises



12:30-1:30 Bingo



9 am Coffee & Pastry/Residents



10am Water Exercises



10am Sit N Fit



9 am Coffee & Pastry/200West



6pm Cards



11:30am Lunch N Learn Topic: Ageing & Stress

